

A Member of Covenant Health

#### Request an Appointment

Auburn

207.333.4710

Portland

207.797.4791





### Why Choose St. Mary's Orthopedics?

At **St. Mary's Orthopedics**, our multidisciplinary team of experienced specialists are dedicated to helping you return to a full and active lifestyle. We offer the latest procedures, techniques, and treatments in comprehensive care for a wide variety of orthopedic needs including neck, shoulder, arm, back, elbow, hand, hip, knee, foot and ankle, and sports medicine injuries. From non-surgical treatments to surgical options, we deliver treatment that is customized to your specific bone and joint needs.

#### We specialize in the following:

- Back and spine care
- Shoulder injuries including rotator cuff injury and treatment
- Upper extremity care, including arm, elbow, wrist, and hand
- Total joint replacement, including shoulder, hip, and knee
- Sports medicine injuries
- Tendon and ligament injuries
- Hip labrum injuries
- Foot and ankle care

### Meet Dr. Sacha Matthews, our Featured Specialist

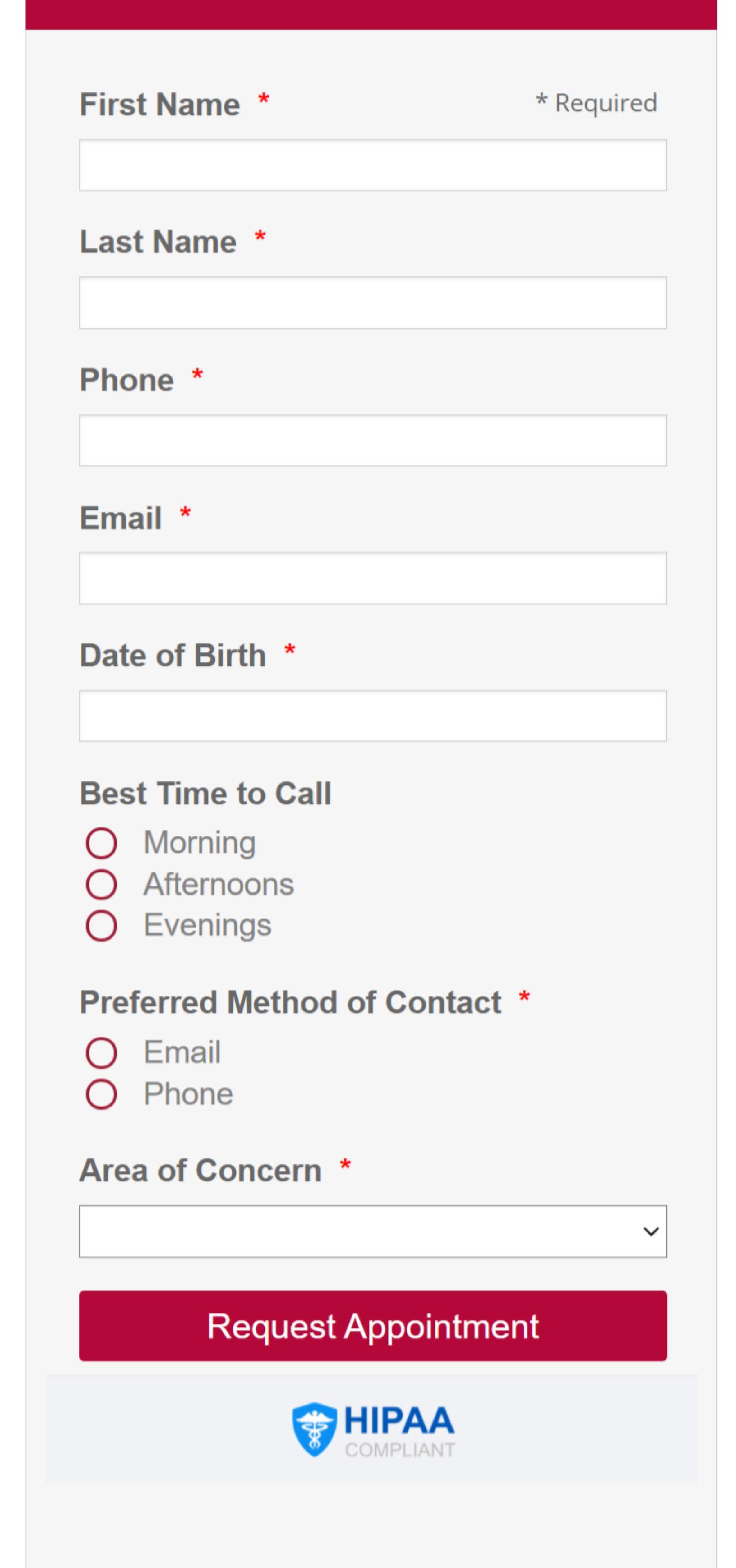


No Need to Travel Far for Quality Orthopedic Care

# Complementary musculoskeletal services:

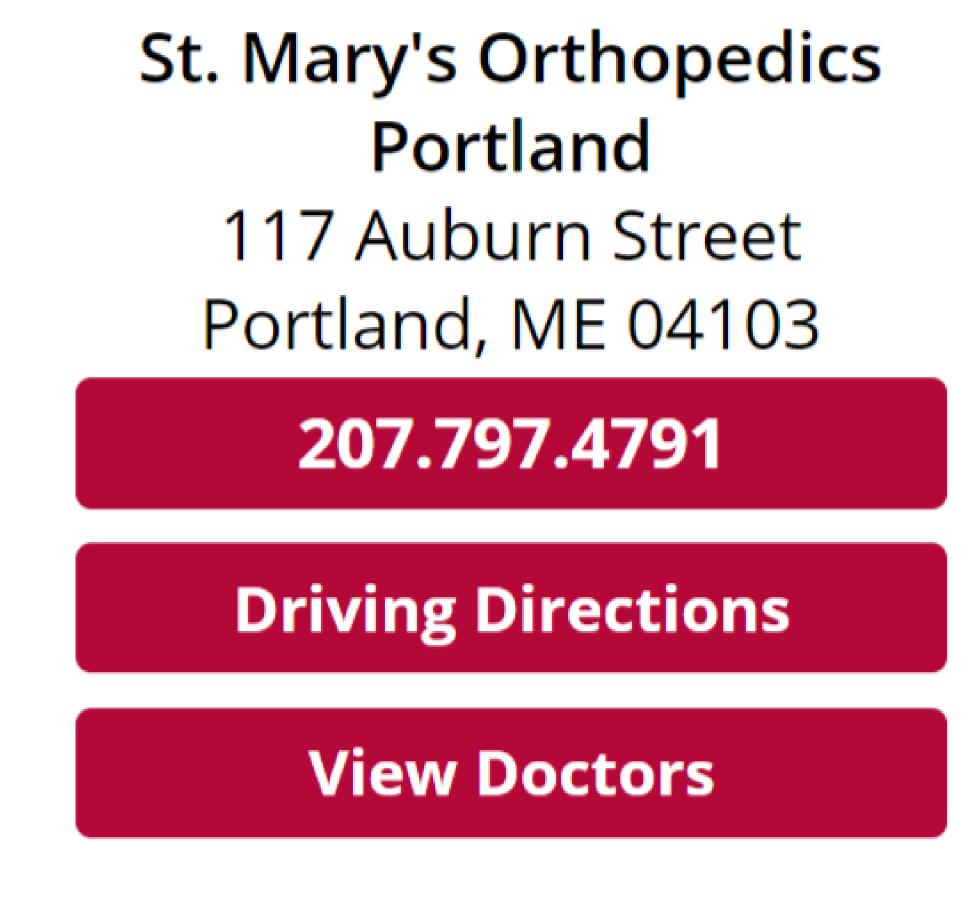
- Physical Rehabilitation including outpatient physical, occupational, and speech therapy services
- Physiatry Services helping you maximize functionality while decreasing pain via innovative non-narcotic techniques
- Rheumatology including relief and healing for conditions affecting joints and connective tissue

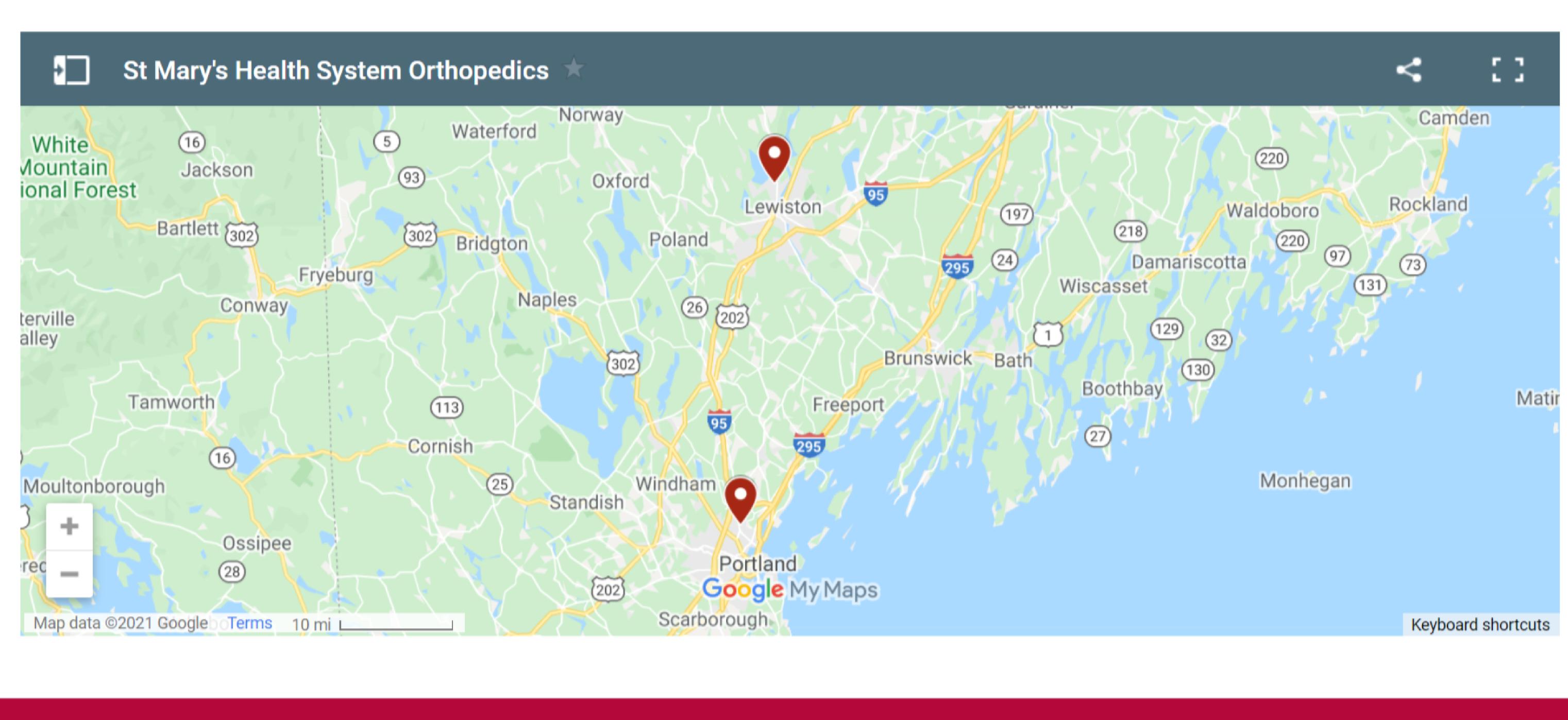
### To request an appointment fill out the form below



# One Team of Experts, Two Locations

## St. Mary's Orthopedics Auburn 15 Gracelawn Road Auburn, ME 04210 207.333.4710 **Driving Directions View Doctors**







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