

Welcome to The Nest

At Resolute Health Hospital you can have the birth experience you've dreamed about. Our Maternity Department, The Nest, includes labor and delivery, mother/baby care and a neonatal intensive care unit. With our highly experienced staff, support services and extra touches, we are sure to make your stay unique.



Register for a Tour or Class

Complete and submit the form below or call 830-253-2292.

You will be contacted within one business day.

First Name: *

Last Name: *

Zip Code: *

Phone Number: *

Email Address: *

By submitting this form you agree to receive periodic health related information and updates. We cannot give you medical advice via the internet. To discuss any medical symptoms or conditions contact your physician or other healthcare professional. In the case of a medical emergency, call 911 or go to the nearest emergency room immediately.

Submit

Labor and Delivery

At The Nest, our primary goal is putting health and wellbeing first during one of the most important times of your life. That means providing you with quality, compassionate care throughout each phase of your pregnancy and during your delivery. We offer tours and classes to prepare you for your big day and to give you an inside scoop on what to expect during your stay at The Nest. Our amenities include:

- A secure, locked unit with all private rooms and an extra bed for a guest
- State-of-the-art equipment with an OB Triage, Labor Suites, Cesarean Section Suites, Couplet Care and an NICU
- Labor support from experienced staff and highly skilled nurses
- 24-hour in-house OB dedicated anesthesiologist
- Visual and audio relaxation
- Kangaroo rockers in every room to promote skin-to-skin
- In-room lactation support
- Baby's first photos in the room
- Baby's first bath in the room
- Healthy food options
- And more

Neonatal Intensive Care Unit (NICU)

If your baby needs special care or treatment, Resolute Health Hospital offers the highest level of neonatal care in the area between Austin and San Antonio. Our NICU is staffed by highly skilled nurses, neonatologists and neonatal nurse practitioners who are equipped with advanced technology to care for your newborn. Our multidisciplinary team is available 24/7 and works closely with you in planning developmentally appropriate care based on your baby's needs.

To learn more about The Nest, schedule a tour today.

Labor & Delivery Tours

The Nest Tour: Every 1st and 3rd Sunday at 1:00 pm

During your 30-minute tour of The Nest, a guide will escort you and your family through our Women's Services unit. You will visit our beautiful Labor and Delivery rooms, private postpartum rooms, the NICU and meet our staff.

The Nest Tour Event: Every 2nd Wednesday at 5:30 pm (Check-in starts at 5:00 pm)

In addition to the 30-minute tour of The Nest, you will also enjoy complimentary snacks while mingling with our vendors where you can ask questions about WIC, lactation, photography, pre/early patient registration.

Walk-ins are welcome, but space is limited so registration is encouraged.

Childbirth Classes

Option 1: Infant CPR \$25.00

This is a non-certification class intended to raise awareness and teach parents how to perform CPR in an emergency.

Option 2: Prenatal Class \$40

- One-Day Class: First Saturday from 9:00 am to 5:00 pm **OR**
- Four-Part Series: Every Wednesday from 6:00 pm to 9:00 pm

Option 3: Prenatal Bundle Package \$90

- Tour of Labor and Delivery unit
- Childbirth class of your choice (Sat. class or Wed. series)
- Infant CPR

You are encouraged to register for classes by your 4th month of pregnancy. Registration is required. Payment is due on the first day of class.

Our Location

