

Midwifery

Skagit Regional Health Midwifery Services

Skagit Regional Health offers Midwifery services at the Arlington and Mount Vernon locations. Our Certified Nurse Midwives are independent health care providers that specialize in women's health, including pregnancy and delivery as well as general health care exams.

Midwives focus on a holistic approach, spending extra time on education, nutrition and support for both mother and baby. They are with you through active labor to delivery and promote natural progression with medical interventions only when necessary.

Midwives care for low and moderate risk pregnancies and can potentially co-manage higher risk patients with the doctor.

Low-risk patients may have different options during labor:

- Able to walk and move around
- Choice of position for delivery
- Intermittent listening to the baby without being secured to a monitor
- No IV
- Pain medication or epidural
- Tub for labor relief

Midwives also provide well woman care, annual exams, pap smears, treatment of normal problems, and birth control options.

Services offered:

- Birth control
- Breast exams
- Hormone therapy
- Irregular bleeding issues
- Labor and delivery
- Postpartum care
- Pregnancy care
- STI and infection checks
- Treatment for breastfeeding issues
- Well-woman visits/annual exams

Fill out the form below
or call the closest location to
schedule an appointment

First Name *

* Required Field

Last Name *

Phone Number *

City *

State *

Zip *

How May We Help You?

Submit

A representative will contact you within one business day.



Our Locations

Skagit Regional Health
Arlington Women's Health
903 Medical Center Drive
Arlington, WA 98223

[Get Directions](#)

[360-386-6116](#)

Skagit Regional Clinics
Mount Vernon
1400 East Kincaid Street
Mount Vernon, WA 98274

[Get Directions](#)

[360-336-6016](#)

Fill Out the Form Above or Call
to Schedule an Appointment

